

# Beau Provence Menu



## July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>Lunch:</b> Fried Chicken, Vegetable, Oranges <b>Dinner:</b> Soup, Sandwich, Salad, Dessert	2 <b>Lunch:</b> Roast Turkey, Beans, Vegetable, Roll <b>Dinner:</b> Roast Beef, Potatoes, Beets, Roll
3 <b>Lunch:</b> Turkey, Rice, Broccoli <b>Dinner:</b> Quiche, Fries, Gelatin	4 <b>Lunch:</b> Fried Chicken, Vegetable, Oranges <b>Dinner:</b> Ham, Beans, Cornbread	5 <b>Lunch:</b> Chicken, Potatoes, Peas, Fruit <b>Dinner:</b> Hamburger, Coleslaw, Ice Cream	6 <b>Lunch:</b> Ham Steak, Couscous, Vegetables <b>Dinner:</b> Turkey, Potatoes, Spinach, Pears, Dinner Roll	7 <b>Lunch:</b> Pot Roast, Potatoes, Carrots, Dinner Roll <b>Dinner:</b> Baked Pork Chop, Dressing, Vegetable	8 <b>Lunch:</b> Fish Filet, Potatoes, Green Beans, Roll <b>Dinner:</b> Soup, Crackers, Sandwich, Salad	9 <b>Lunch:</b> BBQ Beef Platter, Baked Beans, Corn, <b>Dinner:</b> Ham, Macaroni, vegetable, Cake
10 <b>Lunch:</b> Chicken, Lyonnaise Potatoes, Vegetable <b>Dinner:</b> Steak & Gravy, Noodles, Broccoli	11 <b>Lunch:</b> Pork Loin, Potatoes, Brussel Sprouts <b>Dinner:</b> Soup, Grilled Cheese, Vegetable	12 <b>Lunch:</b> Baked Cutlet, Pasta, Spinach <b>Dinner:</b> Fish, French Fries, Vegetable, Roll	13 <b>Lunch:</b> Turkey & Dumplings, Vegetable Blend, Roll <b>Dinner:</b> Roast Beef, Potatoes, Beets, Roll	14 <b>Lunch:</b> Pork Tips, Noodles, Zucchini, Roll <b>Dinner:</b> Chicken Pot Pie, Green Beans, Roll	15 <b>Lunch:</b> Fish, Potato, Carrots, Roll <b>Dinner:</b> Spaghetti, Vegetable Blend, Bread	16 <b>Lunch:</b> Chicken, Rice, Corn, Roll <b>Dinner:</b> Baked Ham, Sweet Potato, Greens, Roll
17 <b>Lunch:</b> Dinner: Egg Salad Sandwich, Chips <b>Dinner:</b> Egg Salad Sandwich, Chips, Salad	18 <b>Lunch:</b> Roast Turkey, Beans, Vegetable, Roll <b>Dinner:</b> Sweet & Sour Pork, Rice, Vegetable, Roll	19 <b>Lunch:</b> Seafood Bake, Pasta, Green Beans, Roll <b>Dinner:</b> Beef Tips, Potatoes, Broccoli, Roll	20 <b>Lunch:</b> BBQ Chicken, Fries, Brussels Sprouts, Roll <b>Dinner:</b> Ham & Cheese Melt,	21 <b>Lunch:</b> Beef Quesadilla, Refried Beans, Cake <b>Dinner:</b> Turkey Casserole, Carrots, Roll, Oranges	22 <b>Lunch:</b> Cheddar Baked Fish, Rice, Squash, Roll <b>Dinner:</b> Sloppy Joe Potato, Coleslaw, Apples	23 <b>Lunch:</b> Fried Chicken, Potatoes, Okra, Roll <b>Dinner:</b> Pork Medallions, Noodles, Peas, Roll
24 <b>Lunch:</b> Meatloaf, Potatoes, Spinach, Roll <b>Dinner:</b> Popcorn Shrimp, Broccoli & Rice, Roll	25 <b>Lunch:</b> Ham, Potatoes, Vegetable, Roll <b>Dinner:</b> Soup, Chicken Sandwich, Coleslaw, Cookie	26 <b>Lunch:</b> Beef Patty, Succotash, Carrots, Roll <b>Dinner:</b> Lasagna, Zucchini, Breadstick	27 <b>Lunch:</b> Turkey, Dressing, Vegetable, Roll <b>Dinner:</b> Pork, Beans, Greens, Roll	28 <b>Lunch:</b> Swiss Steak & Gravy Potatoes, Green Beans, Roll <b>Dinner:</b> Chicken Enchiladas, Corn, Chips, Roll	29 <b>Lunch:</b> Baked Fish, Fries, Cauliflower, Roll <b>Dinner:</b> Beef Stroganoff, Noodles, Roll, Dessert	30 <b>Lunch:</b> Chicken Dijon, Baked Potato, Cabbage <b>Dinner:</b> Pizza, Salad, Roll, Fruit
31 <b>Lunch:</b> Turkey, Steamed Rice, Broccoli, Roll <b>Dinner:</b> Cheese Quiche, Fries, Roll, Gelatin						